

# Resources for Meetings

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## SEYM Sponsored Workshops on Earthcare:

### **QEW: Quaker Earthcare Witness**

Led by Jack Bradin, Palm Beach Meeting: [greenebank@earthlink.com](mailto:greenebank@earthlink.com)

Presentations that look at the value of the earth in your life, the earth as God's hands on expression of unconditional love, what you have done for the earth today, and/or a chance to share a joy the earth brings to you. The format ranges from worship sharing, workshop, fish bowl, friendly conversations, according to the needs of the Meeting.

### **QEW: Quaker Earthcare Witness**

Led by Mary Jo Klingel, Fort Lauderdale Meeting: [mjklingel@earthlink.net](mailto:mjklingel@earthlink.net)

The focus of this presentation is to help Friends increase their knowledge of QEW. The goals are: (1.) to understand our environmental crisis as, at its base, a spiritual crisis, (2) to introduce QEW by discussing it's spiritual focus, it's efforts to assist monthly meeting in their environmental work and to describe the projects that QEW is supporting, and (3) to help monthly meetings identify specific ways that QEW can help them with environmental work within the monthly meeting.

### **A Deeper Look at the Spiritual Implications of the Environmental Crisis: or "I've Changed My Light Bulbs; Now What Do I Do?"**

Led by Mary Jo Klingel, Fort Lauderdale Meeting: [mjklingel@earthlink.net](mailto:mjklingel@earthlink.net)

Using presentations, group discussion and worship sharing, this workshop has the following goals: (1) to identify ways that we are unconsciously embedded in our culture to the detriment of our environment, (2) to utilize familiar Quaker processes as a link to the "re-imagining" of our world, (3) to understand ourselves as one part of a huge and connected web of Life.

### **Embodied Worship**

Led by Mary Jo Klingel, Fort Lauderdale Meeting: [mjklingel@earthlink.net](mailto:mjklingel@earthlink.net)

As a psychotherapist, a Quaker and a practitioner of Authentic Movement, Mary Jo offers a unique blend of gentle, body-focused experiences combined with worship. This workshop is grounded in the belief that "that of God in all of us" includes "that of God" in our bodies. The goals of the workshop are: (1) to identify the effects of culture on Friend's perceptions of themselves as embodied or living in a body, (2) to teach gentle and respectful techniques for enhancing connection with one's body, and (3) to offer methods that assist us in welcoming and decoding our body's messages, leading to a greater sense of being at peace inside one's own skin.

### **Befriending Earth: An Introduction to Earth Literacy**

Led by Brad Stocker, Miami Meeting: [earthsibling@gmail.com](mailto:earthsibling@gmail.com)

What do you need to know to be Earth Literate? This workshop explores getting us back in touch with our Earth roots and discovering what skills and knowledge we need to pass on to the next generations. The methodology involves all senses, mind and body, and requires a sense of playfulness.