

Sarasota Monthly Meeting  
Carbon Footprint Calculator: Data Input Form

**General Information:**

1. Name (for contact purposes) \_\_\_\_\_
2. ZIP Code (residence) \_\_\_\_\_
3. No. Persons in Household:
 

Adults	
Children under 12	

**Travel Information**

	Miles per year	Miles per gallon
A. Auto:		
1. Vehicle 1		
2. Vehicle 2		

	Est. Miles per year
B. Public Transit:	
1. Bus	
2. Transit Rail	
3. Commuter Rail	
4. Inter-city Rail (Amtrak)	

	# of one-way flights
C. Air Travel:	
1. Short (< 400 mi)	
2. Medium (400 - 1500 mi)	
3. Long (1500 - 3000 mi)	
4. Extended (> 3000 mi)	

**Housing Information**

	Amount	\$ or kWh
A. Electricity:		
1. Annual electric usage		
2. Utility Provider		

Please state  
e.g. FPL

B. Natural Gas:	
C. Heating Oil or Other:	Please use \$ amount here

D. Est. Total Square Feet of Living Space in Your Home:	
	# Square Ft.

E. On a scale of 1 - 5, with 1 for low and 5 for high, estimate your <u>Water Use</u>	
	Consider 'per person' water use, but factor in any special items, like pools.

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**Food Information:**

*This section calculates a 'carbon footprint' based on average diet for your household. It is important to note that the calculator assumes an average no. calories per adult of 2,500 per day; children are estimated at 75% of adults. If you know the average number of calories per family member is substantially different, please adjust total calories in the first box below.*

	Avg. daily cal. Per person	Use this number, if different
Average calories/ day per adult	2500	

*For each food group described below, estimate your average consumption, based on a number from 0 to 5, with 0 for none, 3 for average and 5 for much greater than average, for example. Also, please keep total calories in mind as you enter figures. (You can't have below average for each category and a 2,500 cal. per day total)*

Food Type	Usage (0 - 5)
<b>Meat, fish and eggs:</b>	
Beef, pork, lamb, veal	<input type="text"/>
Poultry & eggs	<input type="text"/>
Fish & seafood	<input type="text"/>
Other (processed meats, etc)	<input type="text"/>
<b>Dairy</b>	<input type="text"/>
<b>Fruits &amp; vegetables</b>	<input type="text"/>
<b>Grains &amp; baked goods</b>	<input type="text"/>
<b>Other (snacks, drinks, etc.)</b>	<input type="text"/>

**Goods & Services:**

*Because of the impossible number of variables, this section requires your best estimate, again using a range, 1 to 5., with low for almost none and 5 for very high. Goods includes furniture clothing & appliances. Services is everything else, including medical expenses. Numbers vary based on facts/ circumstances for each household.*

Category	Usage (1 - 5)
Goods	<input type="text"/>
Services	<input type="text"/>

**Thanks, You're Finished!!**