

Queries from Worship and Ministry for SEYM Website

Queries for the Journey Ninth Month 2023

3 Ninth Month

When have I listened to someone and felt accompanied by Spirit? What was this like for me?

10 Ninth Month

In what ways can my monthly meeting deepen worship? Are we truly “waiting expectantly upon the Lord” or simply sitting in quiet?

17 Ninth Month

How do I live the testimony of integrity when much of what is around me is based on lies, manipulation, and subterfuge?

24 Ninth Month

How do I recognize that small actions of acknowledging someone, or showing respect are steps in a manifestation of peace?

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**Queries for the Journey
Seventh Month 2023**

2 Seventh Month

*Am I grateful for the reminders of God in my daily life? How do I show this?
How do I share this?*

9 Seventh Month

*In what ways can I be a source of joy to others in my daily interactions?
How open am I to finding joy in my own heart?*

16 Seventh Month

*Of what habits do I need to rid myself in order to walk more purposefully
in the Light? Am I gentle with myself in this work?*

23 Seventh Month

*Do I practice forgiveness of both myself and others? How can I make this
an action of tenderness and grace?*

30 Seventh Month

*How can I deepen my ability to surrender to God when I find myself faced
with seemingly insurmountable challenges?*

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Queries for the Journey Sixth Month 2023

4 Sixth Month

How can my faith be strengthened so as to face fears with courage and hope?

11 Sixth Month

In what ways do I see the hand of God at work in the world? In myself? Are there ways in which I help or hinder this?

18 Sixth Month

How do I find peace and security amidst the chaos of our present time?

25 Sixth Month

Do I consciously seek the face of God in all aspects of my life? If not, how can this become an integral part of my spiritual journey?

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Queries for the Journey
Fifth Month 2023

7 Fifth Month

How have I loved God and loved people lately?

14 Fifth Month

*In what ways do I seek justice for those marginalized as part of my faith?
Am I listening within for how to start?*

21 Fifth Month

*How have I stood up in my faith, even if it was challenging or
uncomfortable? What helped me stay strong and rooted?*

28 Fifth Month

*Am I aware of moments of awe in my daily life? Am I willing to consider
that as connection with the Presence?*

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Queries for the Journey Fourth Month 2023

2 Fourth Month

How does silent worship help us to grow roots that will keep us strong in turbulent times?

9 Fourth Month

How can I test a leading that may be requiring me to step up in voice for those oppressed or vulnerable?

16 Fourth Month

How does “the still, small voice” manifest for me?

23 Fourth Month

How does the Light strengthen our resolve so that, even if we must stand alone, we may be guided to right action?

30 Fourth Month

How can we ease the anxiety that pervades our minds and quenches our spirit due to the turbulence of our present age?

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Queries for the Journey Third Month 2023

5 Third Month

How have I experienced Quaker worship as a preparation for every aspect of life?

12 Third Month

In what is our 'inner sanctuary' rooted? How does that bring new life to birth in ourselves and each other?

19 Third Month

When has true courage called me to be vulnerable to another in order to better minister to them?

26 Third Month

How can hope become more than a 'glib word' or meaningless cliché that we throw out as comfort to those in need?

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Queries for the Journey
Second Month 2023

5 Second Month

How do I “answer that of God in everyone” if my own sense of God is unclear? How does this work if I am clear?

12 Second Month

Am I open to considering that my way of renewal and “refreshment of Spirit” may be different from others?

19 Second Month

How often do I speak with a Friend or other person about God?

26 Second Month

How do I know when my ‘tank’ is empty spiritually?

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**Queries for the Journey
First Month 2023**

1 First Month

To whom do I look for refuge in times of trouble? To whom do I turn in gratitude in times of abundance?

8 First Month

Do I understand discernment to be seeking the will of God? How does my Meeting or committee practice this? How do I?

15 First Month

Where in my day do I find the hands of Christ/God working through me?

22 First Month

How do I know when setting boundaries is also walking with God?

29 First Month

When do I look inside my own heart to find a beloved Child of God?

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Queries for the Journey
Twelfth Month 2022

4 Twelfth Month

Where do we find support when grief seems all-consuming?

11 Twelfth Month

To what are we called when faced with confusion and violence both in our hearts and in our world?

18 Twelfth Month

When we seek God in worship, how do we feel our meeting join with us?

25 Twelfth Month

How does the Light illumine the darkness within us as well as in the world so that we may be guided to right action?

Queries from Worship and Ministry for SEYM Website

Queries for the Journey Eleventh Month 2022

6 Eleventh Month

How do we become more aware of the Truth and right order in our lives? In the life of our Meeting?

13 Eleventh Month

How does understanding that 'God wills only good for us' help us in our daily outlook on life, particularly in challenging times?

20 Eleventh Month

When do I allow a false sense of security to justify habits that, in actuality, pull me away from the peace and fulfillment found only in God? How would reflecting on the Scriptures inform my life in terms of inner peace?

27 Eleventh Month

What role does building community in active love have in bringing peace to the world?

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Queries for the Journey Tenth Month 2022

2 Tenth Month

How can I go deeper in my reflection so as to put away the need to fill in all the spaces with noise or clutter? When have I been able to quiet the clatter of my mind in order to allow God to accomplish something through me?

9 Tenth Month

How does my Quaker faith enable me to live better in the world to mend it rather than withdrawing from it?

16 Tenth Month

What fires do I tend? How does my Inner Light spark the flame of God in the communities of which I am a part? Do I remind myself each day of my connections with other people, other creatures, and all that sustains life?

23 Tenth Month

What would it look like to actually see 'that of God in everyone' and to tender each other out of that reality?

30 Tenth Month

How is my way of acting 'different from the world's way'?